



summer
2016

COTTAGE GROVE

recreation-ice arena-golf course

HOW TO REGISTER...

We have made it very easy for you to register for any programs you may find of interest in this summer guide. You may download a registration form from our website or you can mail you one. You must pre-register for any program unless otherwise noted.

- Call us at 651.458.3400
- Fax a registration form to 651.458.3444
- Stop by the office located in the CG Ice Arena
- Register on-line at www.cottage-grove.org
- Mail - 8020 80th St. So., Cottage Grove, MN 55016

RENTING PARK BUILDINGS, PAVILIONS & FIELDS

Premium parks are reserved fast, especially in the summer, so make your plans soon. The cost for residents to reserve a park shelter is \$10 per hour the cost to reserve a park building is \$13 per hour. Park building rentals include two 8' tables, four 8' benches and access to standard power.

There are a number of facilities that have shelters, buildings ball fields and outdoor courts available, so keep that in mind when you are planning your summer gatherings.



Highlands Park adjacent to the Splash Pad

Building rental times at Highlands are 11-3pm or 4-8pm; seven days a week. Each four hour block of time is \$73. You may add 10-11am or 8-9pm for an additional \$18.75.

At Highlands the bathrooms are not exclusive use for the rental. They are open to the general public; even when they building is rented for a private party. Check out our website for more information, prices and rental forms.

PARK RANGERS

Enjoy the great outdoors while giving back to the community as a volunteer Park Ranger. You'll act as an extra set of eyes and ears for the City's Parks and Recreation Department by answering questions from park users, collecting data, keeping the parks beautiful by picking up trash and offering suggestions for improvements or repair.

If you're passionate about Cottage Grove's parks and recreational system with a high level of integrity, reliability and ethics, you could be perfect for the program. After passing a background check, Volunteer Park Rangers will receive training, a uniform and work assignments. Contact us to sign-up.

EGG HUNT

Cottage Grove is bringing back an Egg Hunt on Saturday March 19 at 9am. The Ice Arena has turf in the West Rink; sure not to let spring weather ruin our fun. Admission includes 10 eggs (redeemable for a prize), pictures with the Easter Bunny (bring your own camera), Bunny Games, Craft Station and Cookies & Juice.



Anyone collecting eggs, playing games, or crafting will need an admission ticket. The cost is \$6 per ticket and includes everything mentioned above. Registration is limited to 250 kids on a first come first served basis; admission may not be available the day of if sold out. Check-in begins at 8:45am; egg hunt is at 9am.

HAWAIIAN SKATE NIGHT AT THE ARENA

Think summer at the ice arena with a Hawaiian skate night - complete with music, on ice games, leis for everyone, limbo contest, hula hoop competition and a frozen drink. Come dressed as your best Hawaiian Tourist for a chance to win the grand prize.

- Date: April 4
- Time: 5:30-7:00pm
- Place: Ice Arena
- Cost: \$6 per person

WOODRIDGE PARK INCLUSIVE PLAYGROUND

An Inclusive Playground is a playground that has something for everyone. The 23,000 sq. ft. playground for Woodridge Park, is currently in the fundraising phase is just that... Inclusive. If you are interested in learning more about the project, have fundraising ideas, or would like to donate/sponsor the project, please call Molly at 651-458-3404 or email at mpietruszewski@cottage-grove.org.



ARBOR DAY

Arbor Meadows Park located at 8505 Johanson Ave is almost eight acres of parkland which includes a baseball field, soccer field, basketball court, picnic area, horseshoe courts, and a playground. Bring your shovels and work gloves for a morning of planting trees, shrubs, and flowers to enhance Arbor Meadows Park. Meet on April 30 from 9-11am for instructions, tools if you need them, activities for kids, and a beverage.



Buckthorn Removal: Each Arbor Day Cottage Grove promotes the removal of Buckthorn in order to promote a healthier urban forest. Notify Adam at 458-2844 by 3pm on April 29, and we will pick up curbside on May 2-3.

SPLASH PAD SPECIAL EVENTS

Besides cooling off in the Splash Pad have even more fun and join Recreation staff doing activities. No registration necessary - staff will be set up near the building.

Time: 11:00am

Park: Highlands

- June 17 - Silly Grass
- June 24 - BINGO
- July 1 - Magic Show
- July 8 - Luau
- July 15 - Park Grove Library Story Time
- July 22 - Beaded Bracelets
- July 29 - Tie Dye (1 item per person)
- August 5 - Key Chain
- August 19 - Coloring Contest
- August 26 - Spin Art



REC. WORKS - YOUTH VOLUNTEER TRAINING

This program is a must for anyone interested in volunteering during summer playground programs. Youth will learn volunteer expectations and summer programs/events. Training includes material packet and 2016 recreation shirt. Please bring the park location (Hamlet or Peter Thompson) and shifts you would like to volunteer this summer to the training. Shifts are: 8:30-Noon or 12:30-4:00pm.

Ages: 12-16

Date: May 31

Time: 6:00-7:30pm

Place: Woodridge Park

Cost: \$30

2016 KIDS RACE SERIES

Join Woodbury and Cottage Grove Parks and Recreation as we partner again to offer the annual Kids Race Series. Register for one, two or all three races. Routes will be staffed and marked to aid in a successful run. Participants should arrive on time and direction will be given for their start time. Register through either city. Participants will receive a t-shirt and drink at each race. Pre-register to secure your spot, day of registrations will be only be accepted if space is available. These races are designed for youth ages 6-12 years old and the cost is \$25 per race.

Kids Mud Run: Challenge Accepted June 4

Woodridge Park, Cottage Grove

Arrive anytime between 9-10am, participants will run in waves as the course clears. Climb, jump, slide, and run your way through obstacles around the park and end with a crawl through the mud pit. The course will be about three-fourth of a mile, participants have the option to run the course two times. This is not a timed event, the goal is to finish the race. It is strongly advised to bring an additional set of clothes for after the race.

Kids Duathlon: Bike it. Run it. Du it! July 23

Ojibway Park, Woodbury

Ages 6-9 should arrive at 9am and ages 10-12 arrive at 10am. Racers will test their endurance while biking two miles and running one mile along the trails of Ojibway Park. Participants must bring their own bike, a proper fitting bike helmet, and wear athletic shoes.

Kids Glo Run: Light It Up September 17

Ojibway Park, Woodbury

Arrive at 7pm. Runners will be given race shirts prior to the start that GLO along with neon sweat bands to LIGHT IT UP. Wear your own glowing or neon attire for extra fun. Neon signs will guide runners on the one-mile route. Stick around after the race and enjoy a bonfire and cookies. Event will end at 8:30pm.

MOVIES IN THE PARK AT HIGHLANDS

Don't miss a great opportunity to watch two movies at Highlands Park this summer in the dark on a 20' screen. ! Arrive early to enjoy the splash pad. Bring your own snacks, lawn chairs and blankets for a night under the stars. Movies begin at dusk. In case of inclement weather a decision will be made by 5:00pm and the movie will be shown at 7:00pm in the West Rink at the Ice Arena (on turf). For location status check our weather hotline at 651.458.6060.



June 24 - Teenage Mutant Ninja Turtles

August 5 - Gnomeo & Juliet

SUMMER SUPERVISED PLAYGROUNDS

Come Play Outside With Us!

Supervised Playgrounds offer a fun and safe place for your child to be cared for during the summer. Each day will consist of arts and crafts, water activities, large and small group games, free play, special events, sports, and new friendships!

Each park will have three adult staff, multiple teen volunteers, and up to 35 youth each day. Youth must be signed in and out by an adult each day they are registered. Youth may sign themselves out if staff is notified in advance by an adult.

We hope everyone will have a great summer, however, if there are continuing discipline problems you will be notified immediately. Please contact us to discuss any defining characteristics of your child so that we may serve them better. This program may not be suitable for youth which thrive from a routine schedule.

Should weather prevent us from holding activities as scheduled, a modified version will take place. Programs will not be cancelled due to weather. If severe weather is in the area, the building/restrooms will serve as our shelter.

Hamlet Park - 8883 Hamlet Ave So

Peter Thompson - 6327 Highland Hills Blvd

The cost for Supervised Playgrounds is \$20/day or \$80/week. A 2016 Registration Form, available on the website, must be completed for each participant. The registrar must agree to weekly payments for the fees due each week or full payment due at the time of registration. Weekly payments will be charged to the credit card each Monday. Registration and payment will not be accepted at the park; all payments/changes must be made through the office. All registration changes must be done by noon on the preceding Thursday; there will be no refunds given after 12:00pm.

There will be a charge for participants picked up late. A \$10 fee will be assessed to your credit card per each 15 minutes, or portion of, past 4:30pm. Registrations are on a first come first served basis - however registration is limited to 35 participants per site, per day. This program may qualify as a dependent care expense if it is used as daycare. Our tax id number is 41-6008286.

Ages - 5-13

Time - 7:30-4:30pm

Parks - Hamlet and Peter Thompson

Dates - June 13 - September 2

Days - Monday-Friday

Cost/Week - \$80

Cost/Day - \$20

Youth should dress appropriately for weather conditions and activities being held that day (crafts, water, running, jumping, and playing at the playground); this includes wearing tennis shoes. Youth should bring a swimsuit and towel on Wednesdays. Sunscreen is not provided. Please provide sunscreen and have your child apply it during the day.

Youth must bring their own lunch, snacks, beverages and utensils. There is a refrigerator, microwave, and water fountain for use. Please notify staff of any dietary restrictions or health-related concerns. Avoid sending food that contain nuts due to allergies; this includes sunflower seeds. If your child does not come with a lunch, we will attempt to contact you to bring one; otherwise we will provide one and a \$5 lunch fee will be applied to your account. We also strongly encourage each child to bring their own water bottle each day.

We are dedicated to providing a memorable experience for your children this summer. Playground Leaders have received several hours of training which include basic first aid, emergency procedures, insight on planning events for youth, and passed a Criminal History Background Check. Please communicate with us on a daily basis to be sure of who is picking up and dropping off your children and also so that you are aware of how the program is working for your children.



OPEN PLAYGROUNDS

If your child wants to be involved in the Summer Playground Programs, but you don't need all day supervision, Open Playgrounds might be the right fit for you. Both playground programs follow the same schedule and weekly themes, however, no pre-registration is required and youth may come and go as they like. Please remember that our staff are not accountable for the youth if they choose to leave the park. We do not offer receipts for Open Playgrounds.

Sessions: 9:00am-Noon or 1:00-4:00pm

Parks: Hamlet or Peter Thompson

Cost: \$5 per session

Dates: June 13 - September 2

Exception Dates: July 4, 19, 20 and August 8-12

ADVENTURE CAMP

Three Adventure Camp teams (35 campers per team) will be competing in large games, discovering nature, learning about science, cooking camp lunch, competing in relay games, making a craft and tie dying a camp shirt.

The cost of the program includes lunches; please send a lunch if you have concerns or restrictions. Bring a white t-shirt the first day of camp to tie-dye your team color. Camp theme will be announced mid June.

Ages: 5-12

Dates: August 8-12

Park: Woodridge

9:30am-3:30pm: \$80

7:30am-4:30pm: \$100



SAFETY CAMP - 22nd ANNUAL

The Cottage Grove Recreation, Police, and Fire Departments are teaming up to encourage youth safety. During this two day camp, participants will experience and learn about a variety of safety issues including 911, bike safety, water safety, fire prevention, kitchen safety, electrical safety, first aid, and so much more!

The cost of the program includes 26 safety presentations, t-shirt, team colored hat, lunches (if you have concerns or restrictions please send a lunch), snacks, water bottle, and an all-sport helmet.

A Graduation Ceremony for family and friends of the graduates closes the camp on Wednesday, July 20 at 4:30pm. Please bring your lawn chairs.

Ages: 8-11

Dates: July 19-20

Time: 7:45am-4:30pm

Park: Hamlet

Cost: \$55

FORESTRY CAMP

While interacting with our professional forester, participants will learn about the natural growth of trees, what our city does to maintain the space, issues related to sustainable forest products, forest management techniques, awareness of risk and personal safety when exploring, and an understanding of and respect for nature. Everyone will leave with a souvenir. No registration necessary - meet at the park building.

Ages: Everyone is welcome

Date: July 7

10:00am - Hamlet Park

11:00am - Peter Thompson Park

Cost: Free

LAKE ELMO TRIP

The end of summer is coming up - but that won't stop us from taking one more trip to the beach! Join us on August 18 as we travel to Lake Elmo Playground and Beach for a day of swimming and fun. All participants should bring their lunch and snacks with for the day. Youth who participate in our Supervised Playground Program will be bused to Lake Elmo Park for the day with their staff. If you are not registered please ask for bus schedule when registering.

Ages: 5-12

Date: August 18

Time: 10:30-3:00pm

Park: Lake Elmo

Cost: \$15

LIL' ADVENTURE CAMPERS

Three fun days packed with games, sports, crafts, exploring nature, meeting new friends, and team building challenges is what we have planned for this great new program. A spin-off of our Adventure Camp; but for little kids and not as competitive. As we complete activities for three days, campers will earn portions of a treasure map that will lead us to our prize on the last day. Campers should wear shoes for running and bring a small snack and water.

Ages: 4-7

Dates: July 26-28

Time: 9:00-Noon

Park: Woodridge

Cost: \$45



INTRO LACROSSE CAMP

Interested in learning the sport of lacrosse? All participants must have their own stick and tennis shoes; no other equipment is required. The focus is on drills, rules of the game, basic positions, and scrimmages. There will be no official games.

Ages: 6-9
 Time: 4:30-5:30pm
 Dates: June 19, 26, July 10, 17, & 24
 Field: Hillside Elementary
 Cost: \$48

YOUTH TENNIS

Lessons are structured so that participants can learn the skills, practice the techniques, and have fun! These lessons are a great way to get introduced to the life-long sport of tennis. Each session includes four days of instruction and racket. Minimum of four and maximum of ten per class.

Ages: 7-12
 Time: 6:00-7:15pm
 Park: Hamlet
 Cost: \$40/session

Dates
 S1: June 20-23
 S2: July 11-14
 S3: August 15-18

3RD LAIR - SKATEBOARD COMPETITION

This summer, 3rd Lair will be hosting a skateboard contest series, dubbed the "Summer Series" at various skate parks in Minnesota. This event will consist of four divisions (8 and under, 9-12 year olds, 13 and up, and expert) so anyone can enter. The top three riders in each division, at each event, qualify for the finals at the MN State Fair. This is a great event for all levels of skateboarders and a fun night for the community - complete with a DJ, music, and prizes.

Date: July 29
 Registration: 4:00pm
 Event: 5:00pm
 Park: Hamlet
 Cost: FREE



LACROSSE LEAGUES



We are offering Spring and Summer Lacrosse in 2016. Teams will be traveling to compete against other teams in the metro; transportation is the participant's responsibility. Required equipment: attack stick, lacrosse helmet, shoulder pads, elbow pads, lacrosse gloves, and mouth guard. Cleats are recommended when outdoors, but not required. All players need a current US Lacrosse member ID at time of registration (\$25/year) - www.uslacrosse.org. Fees include uniform (jersey, shorts, and sock), practices, scrimmages, spring/summer leagues and one tournament. If there are multiple teams per age level, rosters will be set after the Spring League.

Registration Deadline

- March 28

Uniform Fitting

- April 3, 5-8pm CG Ice Arena

Indoor Turf Practices/Scrimmages Begin

- Practices: April 19, 21, 26, 28, May 3, 5, 10, 12
- Scrimmages: April 23/24 & April 30/May 1

YLM Spring League

- Weekday outdoor practices continue
- Double header games on weekends
- May 7/8, May 14/15, May 21/22

YLM Summer League

- Weekday games, June 13-July 31
- No games 4th of July weekend
- Woodbury Black & Blue Tournament, July 15-17

Fees

Level	Fee	Date of Birth
U9	\$210	9/1/06 – 8/31/08
U11	\$245	9/1/04 – 8/31/06
U13	\$265	9/1/02 – 8/31/04
U15	\$265	9/1/00 – 8/31/02

TWINS GAME

Join us for Park and Rec day at Target Field as the MN Twins take on the Detroit Tigers at 12:10pm. We will return immediately after the game. Staff will stay on location until everyone is picked up. Please send additional snacks, money and sunscreen.

Ages: 8 and older

Date: August 25

Place: Target Field

Cost: \$30

Bus Pick up Schedule

Hamlet - 10:45am

Peter Thompson - 11:00am



ARCHERY

Archery Camp is a concentrated course covering the basics. It is suitable for those who have never shot a bow or have some previous experience. The camp will cover determining eye dominance, archery safety rules, warm-up exercises, archery tackle sized to archer, proper shooting techniques, grouping, and consistency. All safety gear and equipment will be provided. Archers should wear tennis shoes that may get muddy, snug clothing around the chest and arms, and no jewelry.

Ages: 8-13

Date: TBD - please call for dates

Time: 6:00-7:30pm

Park: Pine Tree Pond

Cost: \$75

PARTY IN THE PARK

Recreation Staff will be hosting a party at Highlands Park. Bring your lunch and come for the whole day, or stop in when you can for some fun. There will be games, relays, obstacle challenges, and much more. Youth who participate in our Supervised Playground Program will be bused to Highlands Park for the day with their staff (no additional cost). There will be concessions for sale in the afternoon.

Ages: 5-12

Date: August 4

Time: 11:00-2:00pm

Park: Highlands

Cost: \$5 payable at drop-off



FISH CAMP

Explore underwater habitats, learn about water stewardship, understand the need for regulations, and improve your fishing techniques. You'll discover who's who in the underwater world and how you can help take care of them. Participants need to bring their own lunch and beverages. Refrigeration will not be available. The registration fee includes use of equipment, supplies, and hand outs.

All participants should check in at the picnic shelter. You will not need a park pass to drop-off and pick-up campers in the park.

Ages: 8-13

Date: June 28

Time: 9:00-3:00pm

Park: Washington County Ravine

Cost: \$30



NEIGHBORHOOD POND DIPPING - NEW!

East Metro Watershed educators will team-up with City Cottage Grove staff to host a family-friendly event to explore and learn more about our local ponds. Discover natural plants and the role these plants play in providing habitat and filtering pollution from our waters. We'll also use dip nets to get a closer look at the tiny critters – or macroinvertebrates – that are living in the lake. These tiny creatures can tell us something about how clean the lake is. It will be an easy walk, participants should wear outdoor and pond muck friendly shoes and clothes. There is no prior registration required.

Ages: Everyone - Minors must be accompanied by an adult

Date: June 22

Time: 6:00pm

Place: Bluestem Ln So & Meadow Grass Ave S

Cost: Free

CATCH OF THE DAY

FISHING AT HIDDEN VALLEY POND

The Cottage Grove Recreation Department and MinnAqua have stocked Hidden Valley Pond for another great fishing season. This one-day event is open to anyone interested in fishing or wanting to learn more about fish. We have a limited number of fishing poles available. Bait will be provided. There will also be live fish display and games. No registration necessary. Anyone 16 and younger does not need a license to fish during this event.

Ages: Everyone is welcome

Date: July 14

Time: 1:00-3:00pm & 5:00-7:00pm

Place: Hidden Valley Pond

Cost: Free

SUMMER SOFTBALL LEAGUES

Registration for all Adult Softball Leagues will be filled on a first come, first served basis; however the deadline is April 18.



All games begin on the hour at 6pm. League fees cover umpires, softballs, post-season tournament berths, league champion plaques and t-shirts, and field maintenance.

Fees and games may be adjusted if less than anticipated teams register.

League	Day	Fee	Start Date
Co-Ed	Tuesday	\$425	April 26
Men's Silver	Wednesday	\$575	April 27
Men's Gold	Thursday	\$575	April 28

Co-Ed: Teams made up of five players of each gender play in the field and batting order alternates between male and female.

Men's Silver: A more competitive league with a balance of newer and experienced teams. Teams classified by MSF EE or higher.

Men's Gold: The most competitive league with very experienced and skilled teams. Teams classified by MSF EE or higher.

FALL SOFTBALL LEAGUES

Registration for fall leagues will be filled on a first come, first served basis; however the deadline is August 17.

Teams play double headers each night and the season includes ten regular season games, the top eight seeds will play in a single elimination playoff on the last night to crown the league champs. All games start on the hour beginning at 6:00pm.

League	Day	Fee	Start Date
Co-Ed	Tuesday	\$200	Aug 23
Men's	Wednesday	\$200	Aug 24

ADULT CO-ED KICKBALL LEAGUE

All games will be played at Lamar Park in Cottage Grove. Teams must have five male and five females on the field at all times (more rules are in the league packet). Teams will play a double header schedule each week. There will be a one night playoff to determine the league champion. Each team will be provided with a ball and schedule at the captain's meeting. League champions will receive a prize. Registration deadline is May 20.

Ages: 18+
 Begins: June 5 (Sundays)
 Park: Lamar
 Time: 5:00-9:00pm
 Cost: \$150 per team



BOCCEE BALL LEAGUES

This league provides everyone a great chance to get a few friends together and experience a new, or alternative sport. Teams are made up of four players - any combination of men and women. The regular season is eight weeks long and there will be a playoff night to determine the league champ.

The games take place on the bocce ball courts at Lamar Park on Wednesday nights. The Rec. Dept. will provide the balls, which need to be checked out from the concession stand. League champs receive a gift card for from a local business.

Ages: 16+
 Begins: June 3
 Park: Lamar
 Time: 6:30pm
 Cost: \$25 per team

PICKLEBALL CLUB

Pickleball is a fun game that is played on a badminton sized court with the net lowered to 34" at the center. The game is played with a whiffle ball and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast paced, competitive game.

Recreation staff will be on site providing lessons the first four dates. Players should bring their own balls and paddles.



Ages: 18+
 Dates: June 20
 Park: Sunnyhill Park
 Time: 10:30-Noon
 Cost: Free

STRAWBERRY FEST EVENTS by THE RECREATION DEPARTMENT

10TH ANNUAL 5K RACE & WALK

Don't miss the 10th Annual Strawberry Fest Race and Walk at Kingston Park. The race will be chip timed. Race times will be posted on-site immediately concluding the race and posted on our website, by age category, the following Monday. Those participating in the walk will not be timed.



All participants will receive a Strawberry Fest Race shirt. Medals will be awarded to the first place male and female in the following age categories: 18 and younger, 19-25, 26-40, 41-55, 56 and older.

Date: June 18

Park: Kingston

Race: \$20 (price increase 6/16)

Walk: \$15 (price increase 6/16)

Registration/Check-in: begins at 7:00am

Race: begins at 8:00am

Walk: begins Immediately After Race

Route: Kingston Park - Trailway Corridor - Pine Tree Valley Trail - 80th St. - Jenner Ave. - Kingston Park Trail

CHALK WALK

Looking for a free family event at Strawberry Festival this year? Join us on Friday night for "Chalk Walk" at Kingston Park. We will have marked off 5 foot sections on the sidewalk that leads to Jenner Avenue. Your family or group of friends can sign up for a spot (that night) to decorate with chalk provided. The winning design will receive a gift pack from the Recreation Department. Meet us by the playground to sign up.

Date: June 17

Time: 6:00-7:00pm

Park: Kingston

Cost: Free



KID'S 1K RUN

After the 5K race we invite those 10 and younger to come our and do their own race. Although the race is timed, the emphasis is just to finish. All participants receive a Strawberry Fest Race shirt upon completion of the race. Time will be kept on a clock. The route is three times around two soccer fields, so runners are visible at all times and love to hear us cheer. Adults are able to run with their child if needed.



Ages: 10 and younger

Date: June 18

Registration & Check-in Begins at 9:00am

Race: Begins at 9:15am

Cost: \$15

MEN'S SOFTBALL TOURNAMENT

All games will be held at the Lamar Softball Complex and will be using MSF Rules to conduct all games. Each team is guaranteed at least two games. Tournament fees cover umpires and softballs. There will be food and liquor concessions sold during the tournament. Cash prizes for first and second place will be awarded. Register by June 10.

Ages: 18+

Date: June 18

Games Begin: 8:00am

Park: Lamar

Cost: \$150



CRAVE MORE STRAWBERRY FEST?

The Cottage Grove Strawberry Fest is a four day, family event that offers something for everyone.

Visit the website for a complete calendar of events and registration forms.

cottagegrovestrawberrfest.com

SUMMER SKATING LESSONS

The Cottage Grove Skating School staff provides lesson for skaters of all ages and abilities. Our Learn-to-Skate program is designed for recreational skating, figure skating or hockey. Skaters may be shifted to a different class during the first lesson to accommodate their ability. Helmets are required for all skaters ages five and under (bike helmets are fine).



- Monday Evenings - June 13-August 15
- Tuesday Afternoons - June 14 - August 16
- No closes 4th of July week
- \$72

Skating Tots: This class is designed for skaters five and under. Skaters play games and sing songs as they develop the skills needed to balance and move across the ice.

Learn-to-Skate Level 1: Skaters will learn the proper way to fall and get up, the penguin march, hopping, and how to make A's & V's.

Learn-to-Skate Level 2: Skaters will learn forward swizzles, two-foot glides, back-ward wiggle, stop and freeze, the "dip," and the "teapot."

Learn-to-Skate Level 3: Skaters will learn backward swizzles, hockey turns, forward slalom, push off and glide (two feet), and semi-spiral.

Learn-to-Skate Level 4: Skaters will learn backward slalom, one-foot glides, 3-step crossovers, backward glides (two feet), and pump circles.

2016 ICE SHOW - "PICK FLICKS"

The 2016 Ice Show is a great opportunity to come and see our skater's talents showcased to America's cinema in "Flick Picks". Skaters of all ages and abilities will participate in this year's 39th Annual Ice Show which will be held Friday, May 6 at 7:30pm and Saturday, May 7 at 3:00pm.



BIRTHDAY PARTY PACKAGES

Make your child's next birthday party the "coolest" in town at the Cottage Grove Ice Arena. The party room at the Ice Arena is available year-round combined with our packages, you're sure to find what you need to make your birthday party great.

Each party is scheduled around public skating times and comes with the party room for one hour. Visit our website for a complete list of options.

SUMMER ICE SKATING

Spring and summer schedules vary, check out the monthly calendars on the website. We also have rental skates available for \$4 per pair.

PUBLIC SKATING - \$5

Public skating is a perfect opportunity for your family to get exercise, practice your skating skills and have fun.

OPEN HOCKEY - \$5

Get a bunch of friends together and meet to skate during open hockey. No checking is allowed and helmets are required. Goalies skate for free.

FIGURE SKATER'S PRACTICE - \$5-\$10

Figure skater's practice is for skates level Alpha and above. Skaters are able to practice figure skating skills, jumps and spins.

ICE & TURF FOR RENT

For availability/prices call 651-458-3415

Turf & Dry Floor: March - August

The space can be rented for a variety of events and sports. The arena size is 200' by 85' with stadium seating for 700.

Ice on the Studio or North Rink: Year Round

The Studio rink (120' by 65') and the North rink (200' by 85') are available for rent through 2015 for any skating, broomball or boot hockey event.

OPEN TURF

Opportunities for everyone to get exercise or practice your sport of choice. Sign-in and pay in the office.

- Walk/Run - \$3
- Lacrosse - \$5
- Baseball/Softball - \$5
- Soccer - \$5



ADVERTISING OPPORTUNITIES

The Ice Arena is the most heavily trafficked spectator facility in Cottage Grove. Get the most marketing value for your dollar now by displaying your message to the thousands of patrons at the Cottage Grove Ice Arena. Call 651-458-3415 or log on to www.cottage-grove.org for a full brochure including pricing options.

RIVER OAKS GOLF COURSE

River Oaks Golf Course, a Golf Digest "4 1/2 Star Best Places to Play", is an 18-hole scenic golf course with a par of 71. Including fifty-seven sand bunkers, three ponds, a driving range, and practice center that are second to none.



The Clubhouse features a golfers lounge and grill. Banquet facilities are available for groups up to 300, perfect for weddings, anniversaries, retirement parties, holiday parties or any banquet needs. Tournaments are welcomed.

Cottage Grove residents are members at River Oaks Golf Course, for no additional charge and can save money. Visit the www.riveroaksmunigolf.com click "Specials" and scroll down to "Premium Resident Membership", fill-out the information and receive; \$3 discount for 18 holes and a \$2 discount on 9 holes (not already discounted).

2016 RATES

	Non-resident	Resident
18 hole weekday	\$35	\$32
18 hole weekend	\$37.50	\$34.50
9 hole weekday	\$23	\$21
9 hole weekend	\$23	\$21
Senior 18 holes	\$23.50	
Senior 9 holes	\$16.50	
Junior 18 holes	\$19	
Junior 9 hole	\$13	

*Junior/Senior: rates are valid for junior's 17 and younger and senior's 62 and older on weekdays before 3pm and weekends after 3pm.

SEASON PASS/MEMBERSHIPS

Individual (non-restricted)	\$1,280
Individual (restricted)	\$830
Senior (non-restricted)	\$990
Senior (weekday only)	\$780
Junior (restricted)	\$390
Husband & Wife (non-restricted)	\$1,720
Husband & Wife (senior-restricted)	\$1,190
Senior Couple (non-restrictive)	\$1,425

GOLF LEAGUES

Tuesday Morning Men's Senior
Tuesday Night Couples
Wednesday Morning Men's Senior
Thursday Morning Ladies 9 and 18 hole league
Thursday Night Men's League
Saturday Weekend Men's Club

GOLF FOR KIDS

Kids (17 and younger) with an Adult, each pay \$2 everyday after 6:45pm for unlimited golf.

JUNIOR GOLF PROGRAMS

Golf instruction and affordable golf alternatives in which junior golfers can have fun, learn golf etiquette, rules of golf, and increase their enjoyment in the game of golf is our mission. The cost is \$75 per junior.



Session 1: June 13-17

Ages 10-14: 8:30-9:30am

Ages 7-9: 9:45-10:45am

Session 2: June 20-24

Ages 10-14: 8:30-9:30am

Ages 7-9: 9:45-10:45am

ADULT GROUP LESSONS

All levels will learn stance, putting, chipping, woods, irons, rules, and etiquette. Each session is from 5:45-6:45pm. The \$75 fee includes a complimentary two-light round of golf.

Session 1: Mondays

May 2, 9, 16, 23

Session 3: Mondays

June 6, 13, 20, 27

Session 2: Thursdays

May 5, 12, 19, 26

Session 4: Thursdays

June 2, 9, 16, 23

LADIES ONLY GOLF CLINICS

All clinics are 75 minutes long and are limited to eight ladies per clinic, with a minimum of three. The cost per clinic is only \$10. You pick how many clinics you attend. Bring your clubs or we'll provide them for you. Each session will cover golf etiquette, rules, and the golf lesson specified.

Mon	April 18	10:00am	Putting
Tues	April 19	6:00pm	Putting
Sat	April 23	9:30am	Putting
Mon	April 25	10:00am	Chipping
Tues	April 26	6:00pm	Chipping
Sat	April 30	10:00am	Chipping
Mon	May 2	10:00am	Full Swing
Tues	May 3	6:00pm	Full Swing
Sat	May 7	10:00am	Full Swing
Mon	May 9	10:00am	Sand Bunker
Tues	May 10	6:00pm	Chipping Short Game
Sat	May 14	10:00am	Chipping Short Game
Mon	May 16	10:00am	Chipping Short Game
Tues	May 17	6:00pm	Chipping Short Game
Tues	May 24	6:00pm	Full Swing Irons
Sat	May 28	10:00am	Full Swing Woods
Mon	May 30	10:00am	Putting
Tues	May 31	6:00pm	Putting

**Supervised
Playgrounds**

**run
jump
skip
climb**



**paint
glitter
glue draw
cut**

**Supervised Playgrounds
is now accepting:**

- Registrations for the Program**
- Applications for Seasonal Staff**
- Sign-ups for Teen Volunteers**